

# Interferon

## Indications and Clinical Management in Melanoma

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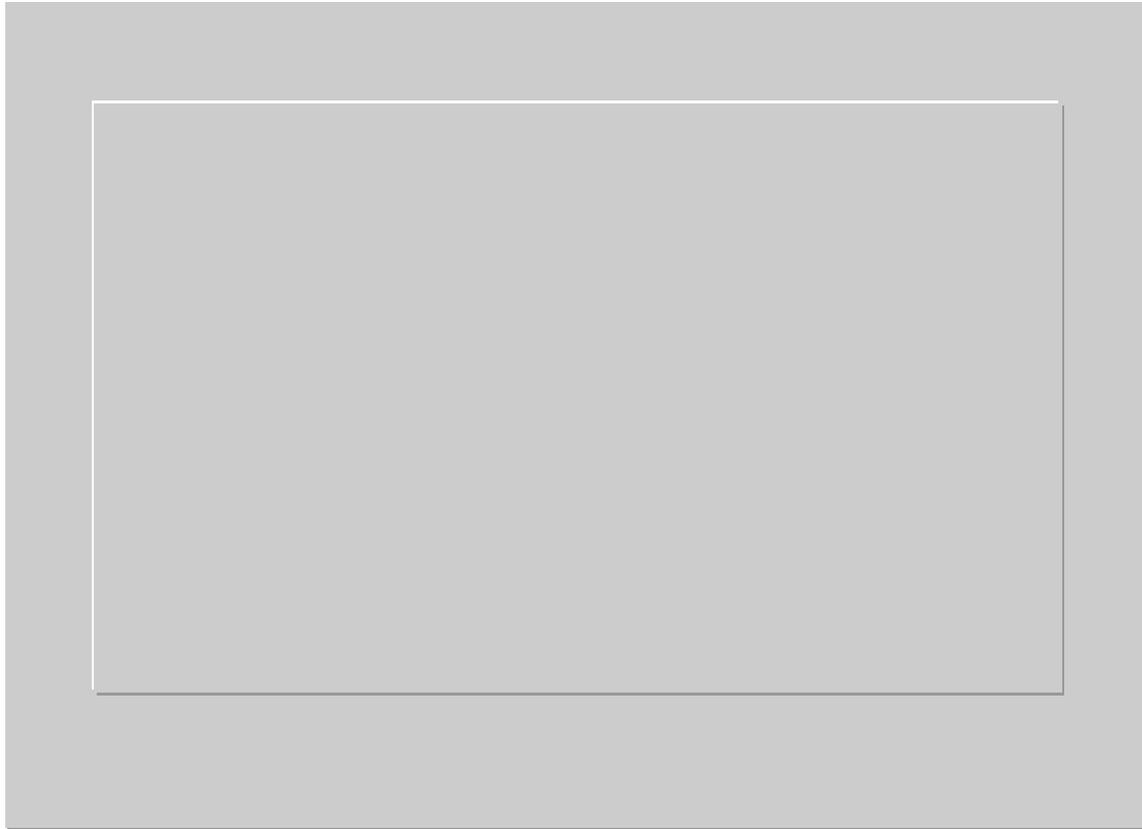
# Disclosures

- **Dr. Sondak is a compensated consultant for Merck, GSK, Amgen, Provectus and Navidea**

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# Stage II immunotherapy algorithm

Society for Immunotherapy of Cancer consensus statement  
on tumour immunotherapy for cutaneous melanoma



Kaufman et al, Nat Rev Clin Oncol 2013;10:588

# Stage III immunotherapy algorithm

Society for Immunotherapy of Cancer consensus statement  
on tumour immunotherapy for cutaneous melanoma

**(1) Limited data on adjuvant therapy without  
lymphadenectomy for sentinel node positive cases**

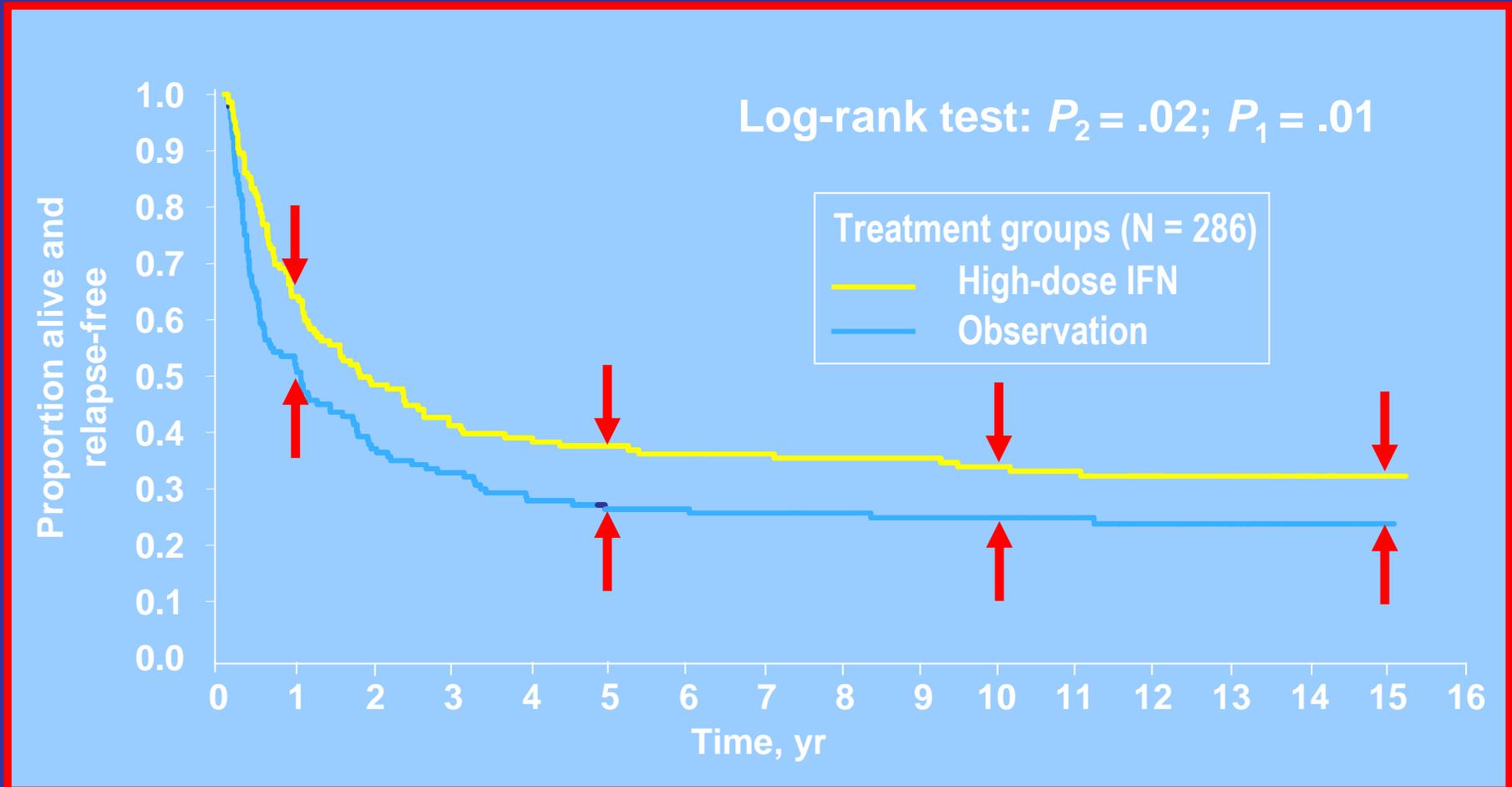
**(3) Level A data for RFS benefit for high-dose IFN  
for one year  
with ulceration of the primary**

**Kaufman et al, Nat Rev Clin Oncol 2013;10:588**

E1684

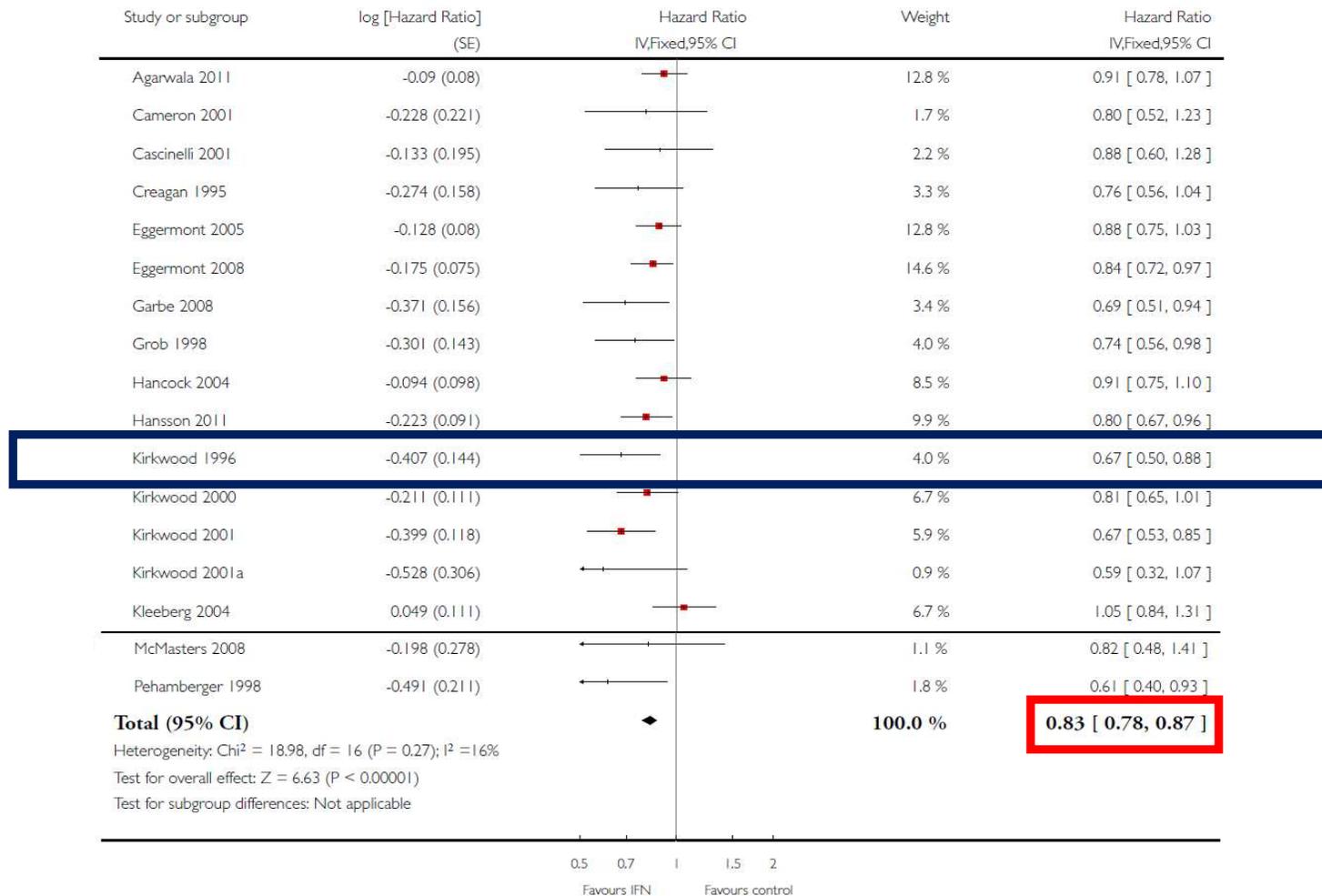
# Relapse-free survival

## Extended follow-up



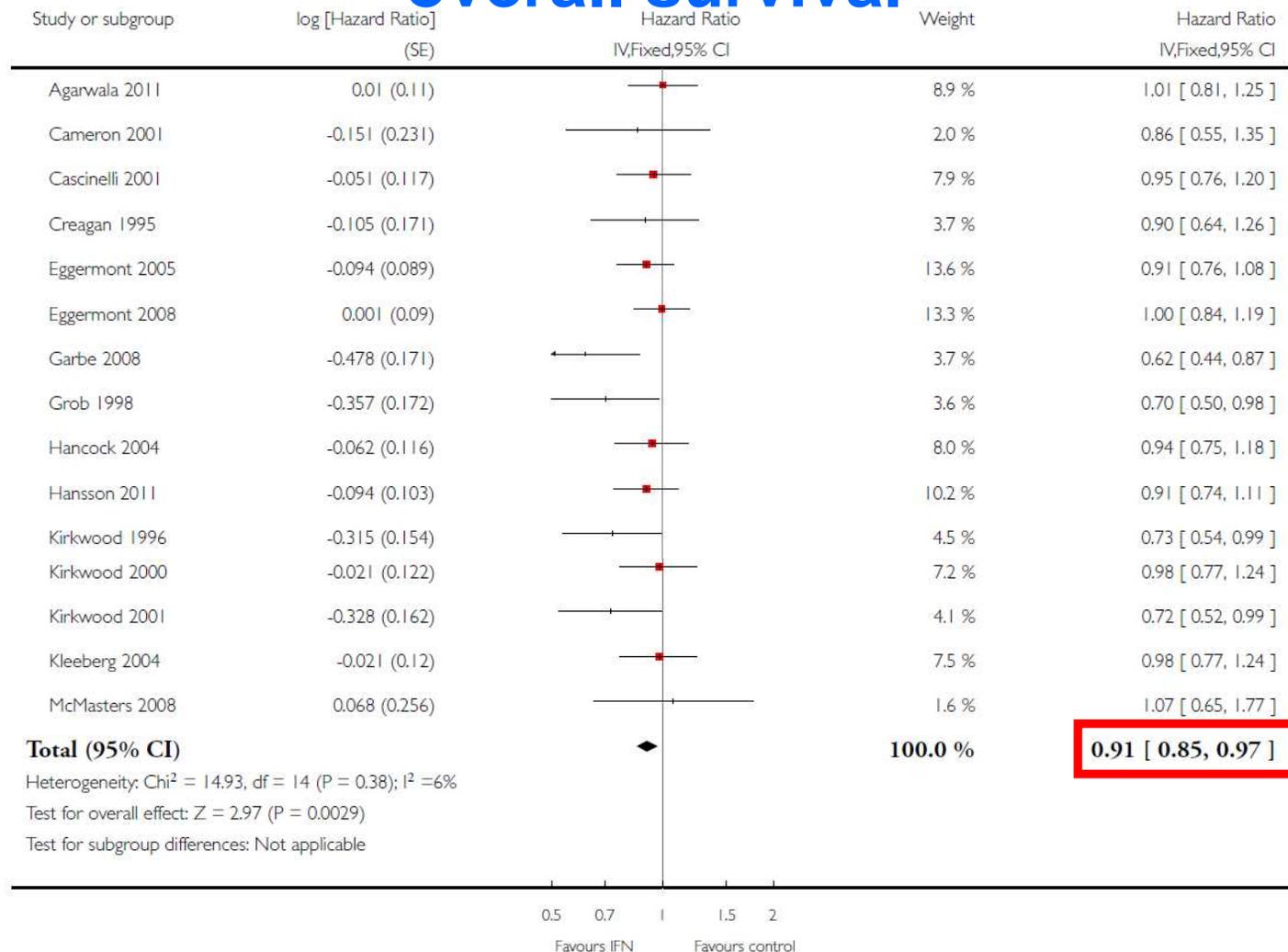
**Kirkwood et al Clin Cancer Res 2004;10:1670**

# Meta-analysis of interferon impact on relapse-free survival



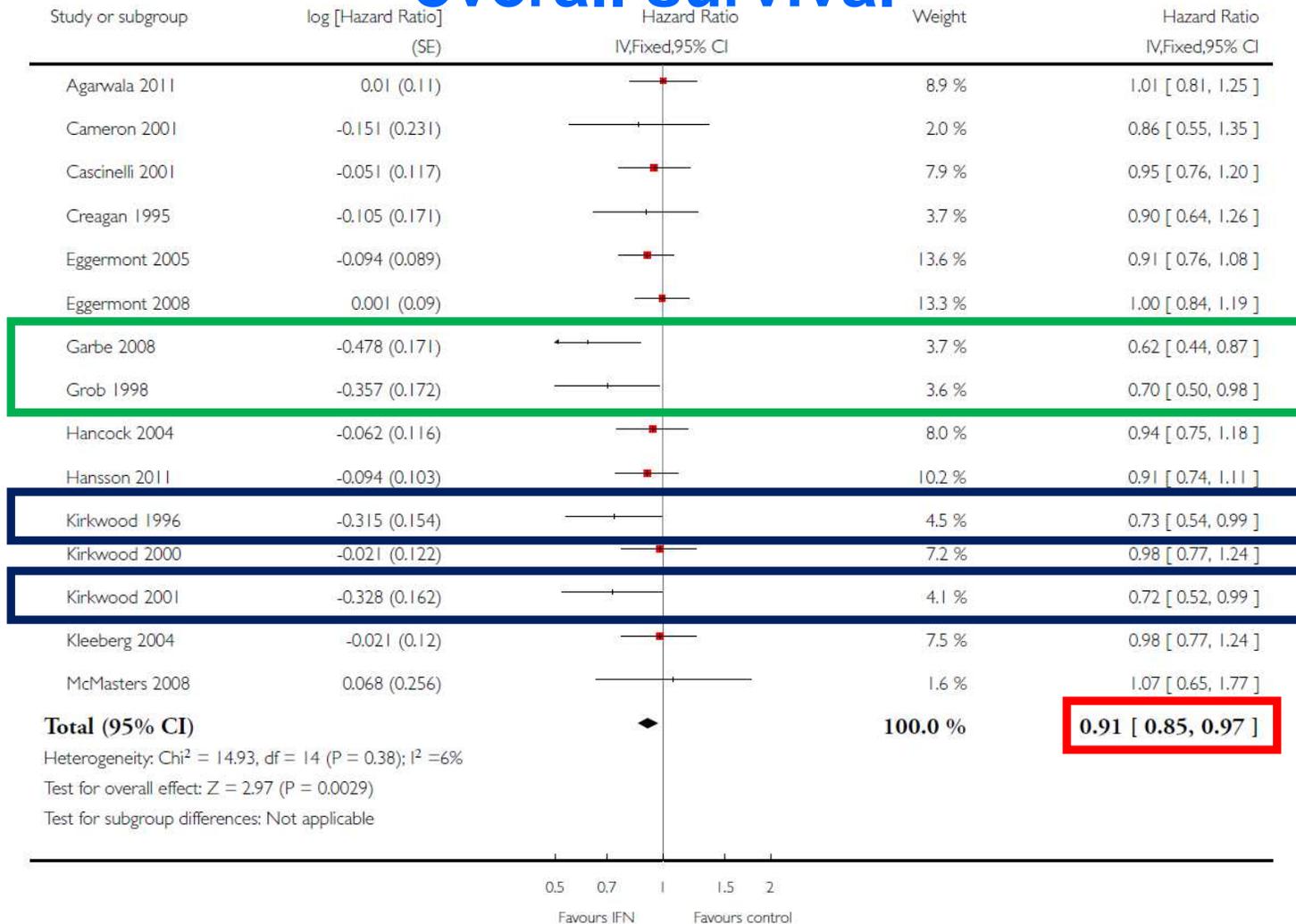
Mocellin et al, Cochrane Database of Systemic Reviews 2013;DOI10.1002/14651858

# Meta-analysis of interferon impact on overall survival



Mocellin et al, Cochrane Database of Systemic Reviews 2013;DOI10.1002/14651858

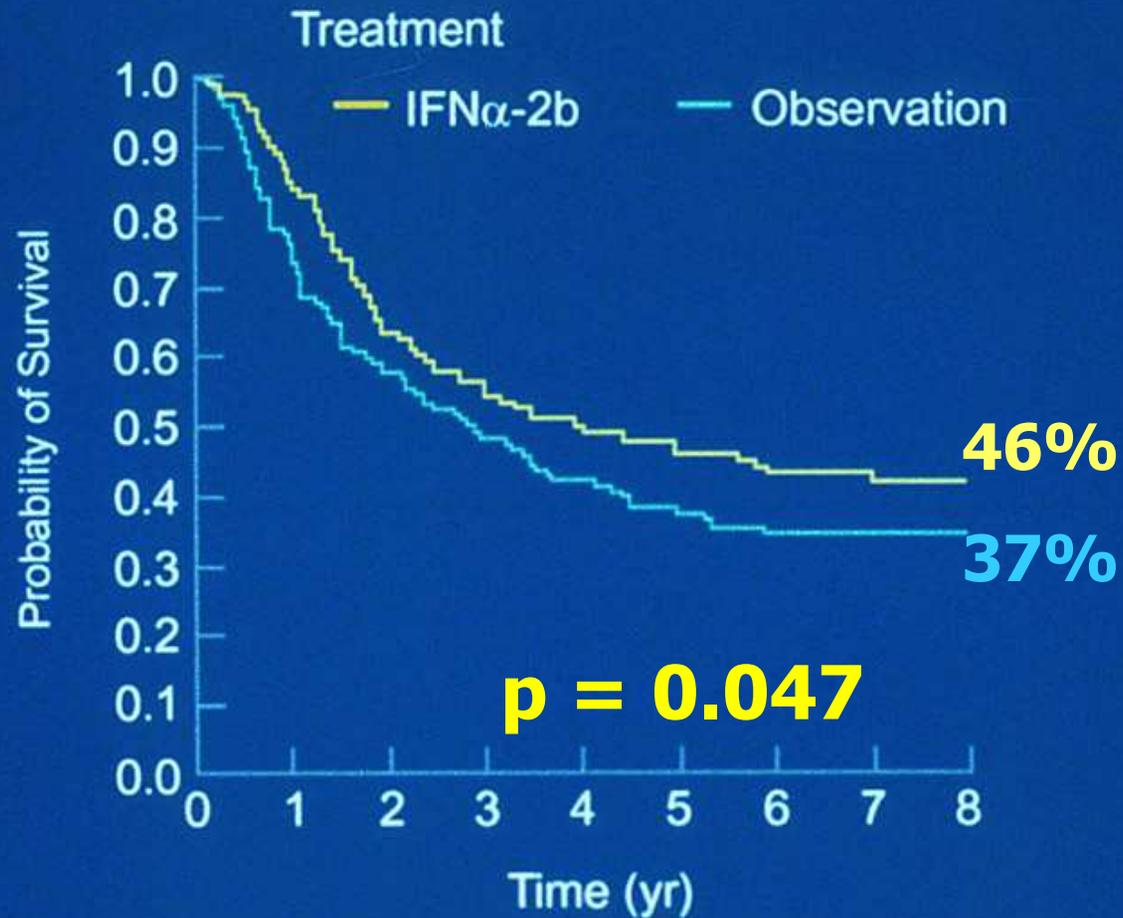
# Meta-analysis of interferon impact on overall survival



Mocellin et al, Cochrane Database of Systemic Reviews 2013;DOI10.1002/14651858

# E1684

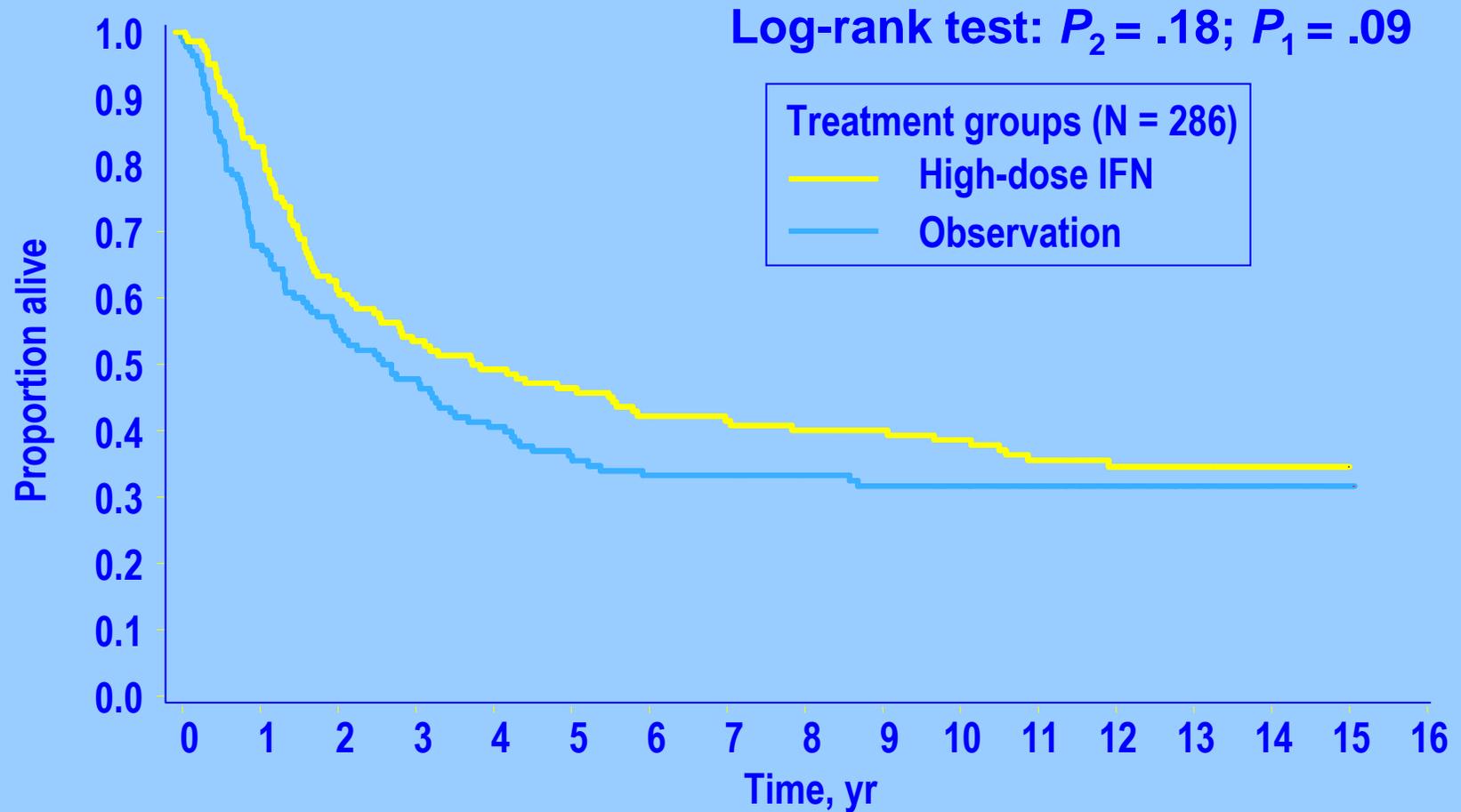
## Overall survival



E1684

# Overall survival

## Extended follow-up



	Total	Dead	Alive	Median
Observation	140	95	45	2.7
High-dose IFN	146	93	53	3.8

## What are the most critical components?

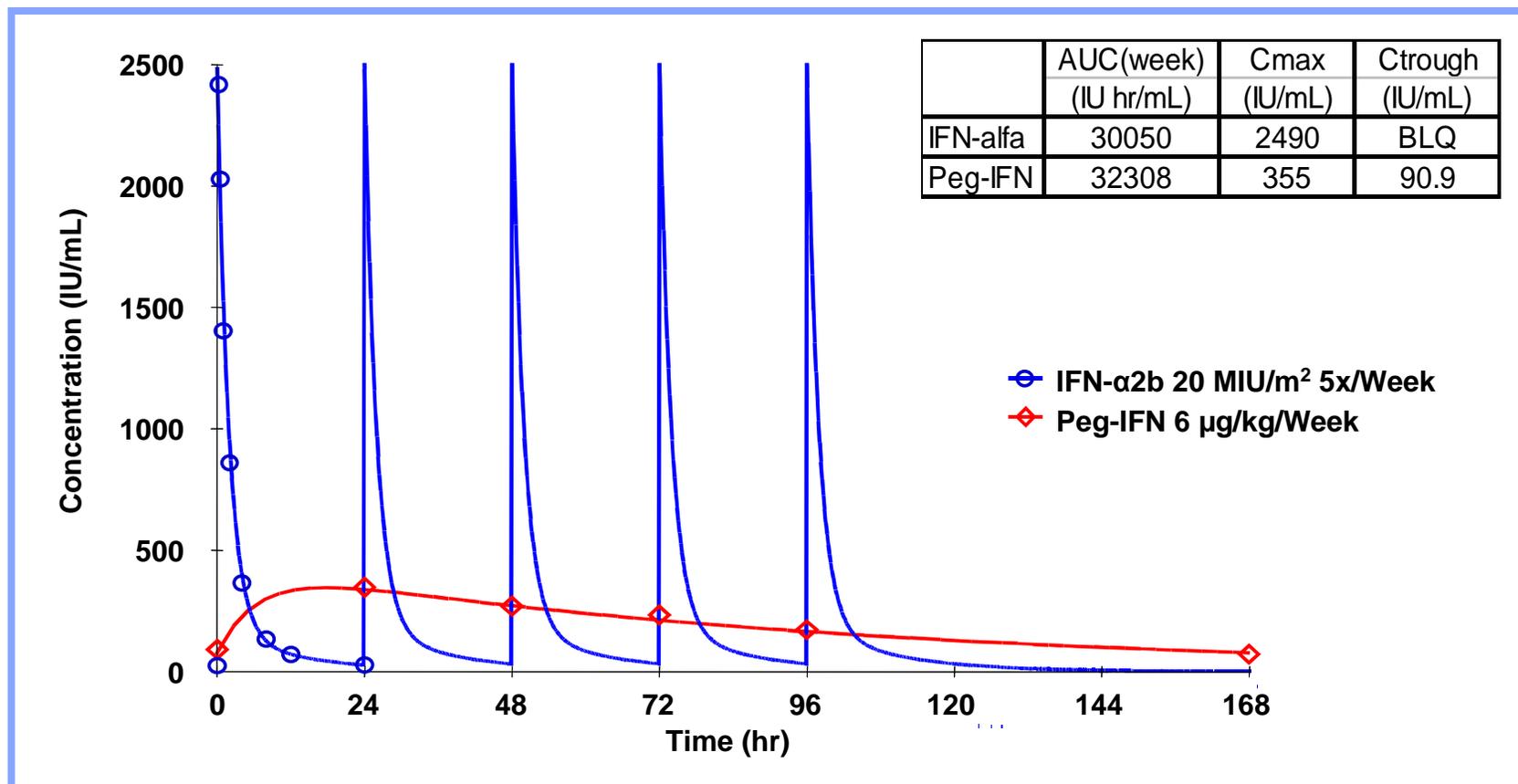
- **Peak plasma level**
  - **IV interferon achieves highest peak plasma levels**
- **Exposure**
  - **Pegylated interferon provides superior exposure to drug over the course of a week**
- **Duration of therapy**
  - **Both lower dose standard interferon and pegylated interferon regimens allow treatment beyond one year**

## ADJUVANT INTERFERON FOR MELANOMA

# What do we know about peginterferon?

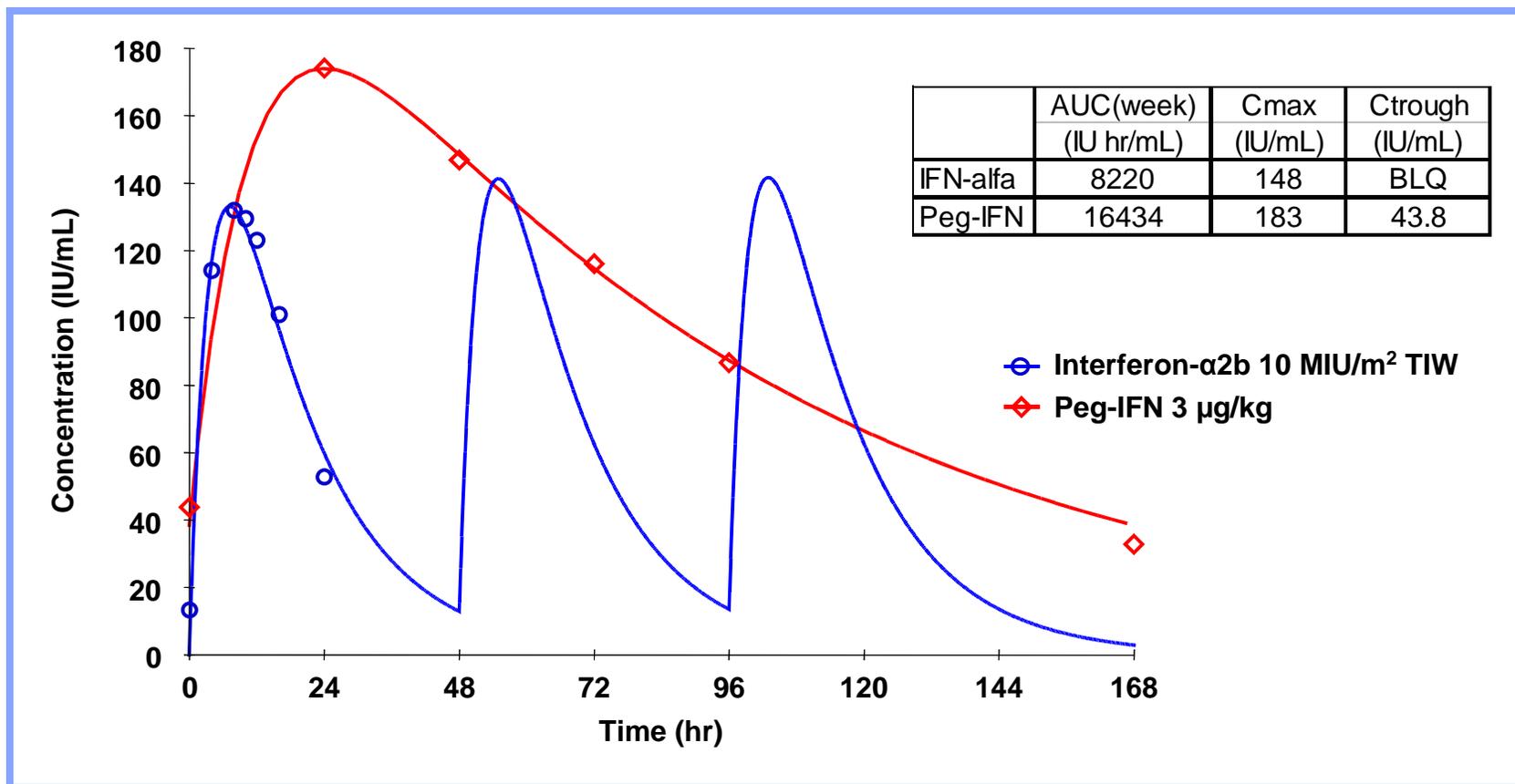
- Pegylated interferon has essentially replaced native interferon in the management of hepatitis
- Available data supports that compared to native interferon, equitoxic doses of peginterferon are more effective and equieffective doses are less toxic
- **Adjuvant peginterferon in the FDA approved dose and schedule appears to be associated with fewer grade 3-4 adverse effects than high dose interferon, and can be given long-term in at least some patients with proper dose modification**

# Pharmacodynamics of IFN- $\alpha$ 2b IV 20 MIU/m<sup>2</sup> 5 Days/Week vs Pegylated IFN- $\alpha$ 2b SC 6 $\mu$ g/kg/Week



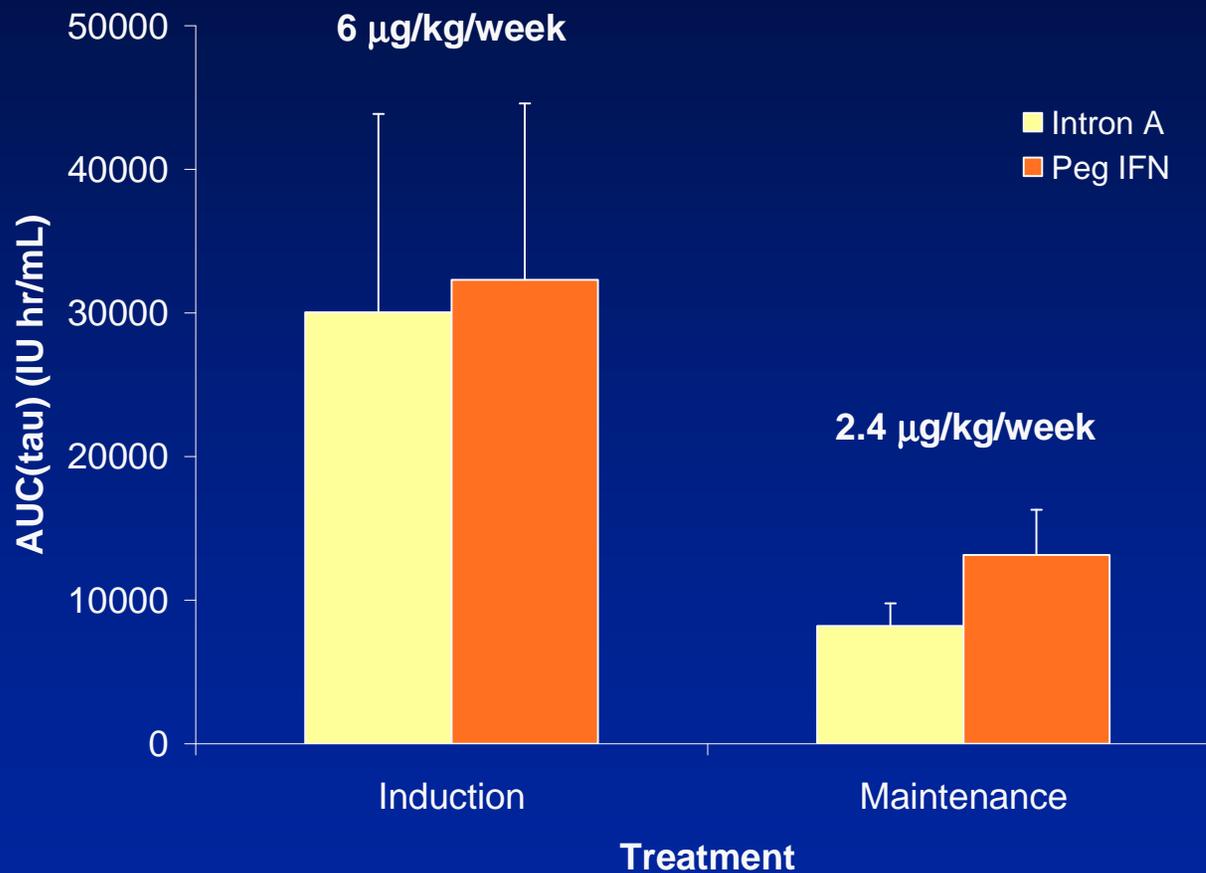
Daud et al, Cancer Chemother Pharmacol 2011;67:657

# Pharmacodynamics of IFN- $\alpha$ 2b SC 10 MIU/m<sup>2</sup> 3 Days/Week vs Pegylated IFN- $\alpha$ 2b SC 3 $\mu$ g/kg/Week



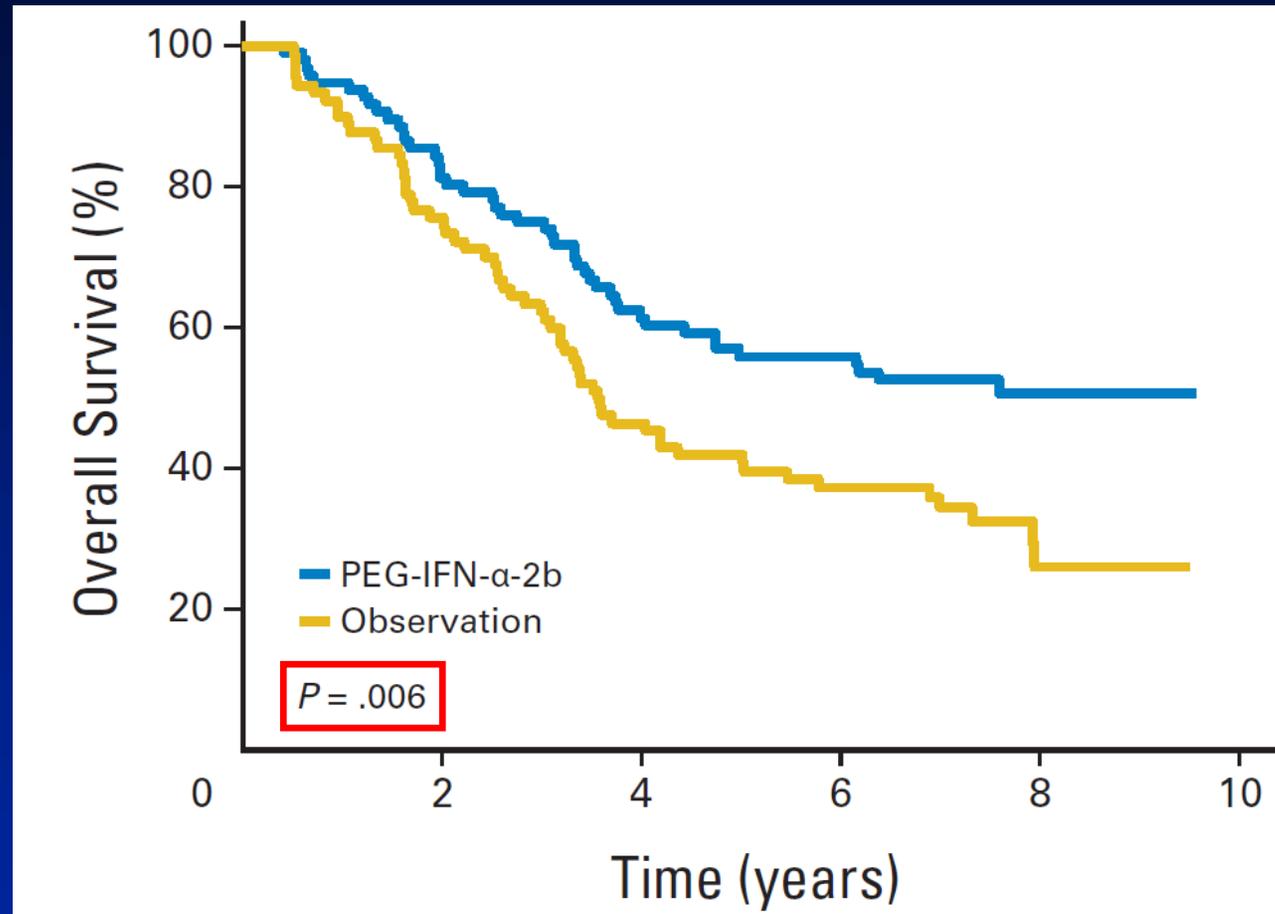
Daud et al, Cancer Chemother Pharmacol 2011;67:657

# Pharmacodynamics of IFN- $\alpha$ 2b IV and SC vs Pegylated IFN- $\alpha$ 2b SC



Daud et al, Cancer Chemother Pharmacol 2011;67:657

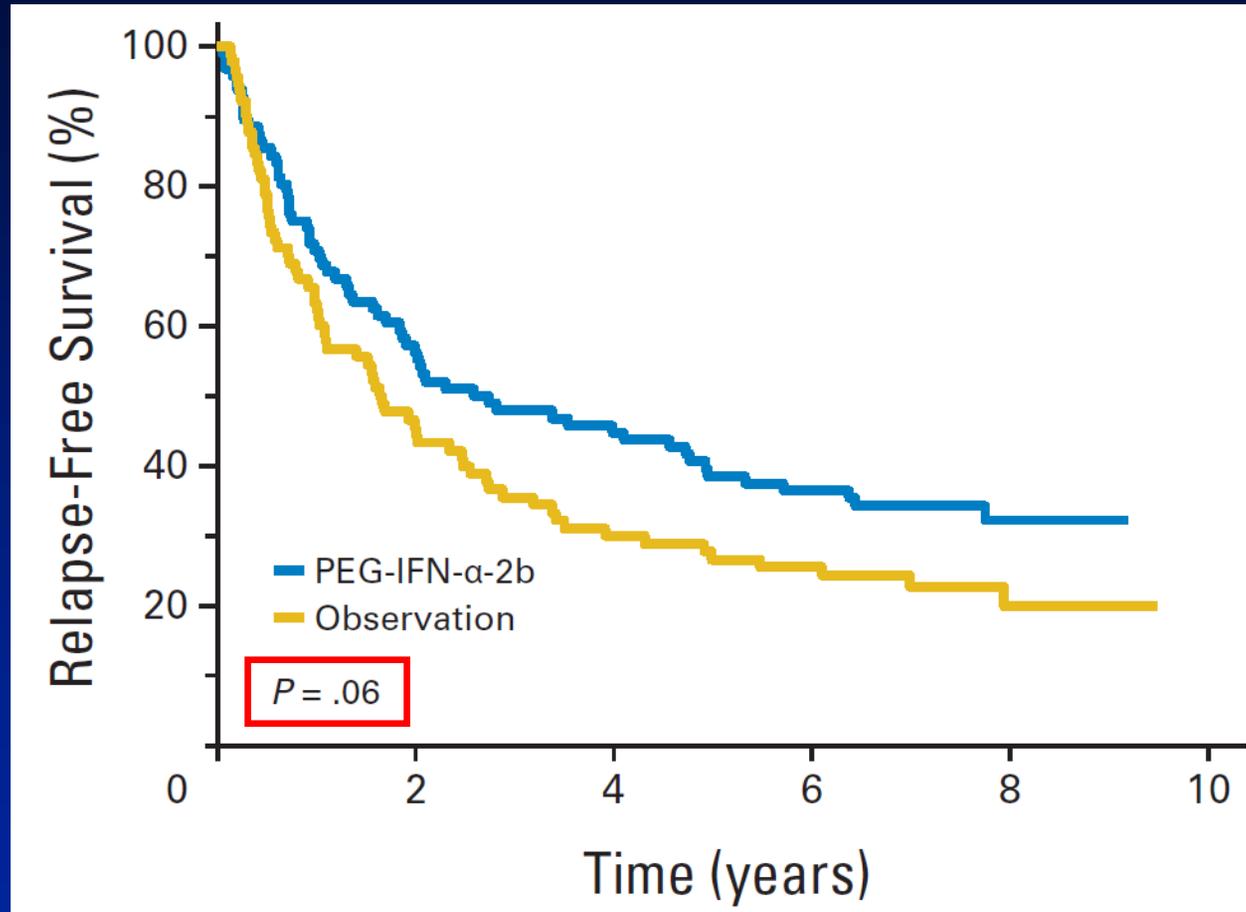
# EORTC 18991 Phase III Trial of Peg-IFN $\alpha$ in Stage III Melanoma OS in the SLN+, Ulcerated Primary Population



**Hazard Ratio 0.59 (99% CI 0.35, 0.97)**  
**Median OS not reached vs 3.6 years**

Eggermont et al, J Clin Oncol 2012;30:3810

# EORTC 18991 Phase III Trial of Peg-IFN $\alpha$ in Stage III Melanoma RFS in the SLN+, Ulcerated Primary Population



**Hazard Ratio 0.72 (99% CI 0.46, 1.13)**  
**Median RFS 2.7 years vs 1.7 years**

Eggermont et al, J Clin Oncol 2012;30:3810

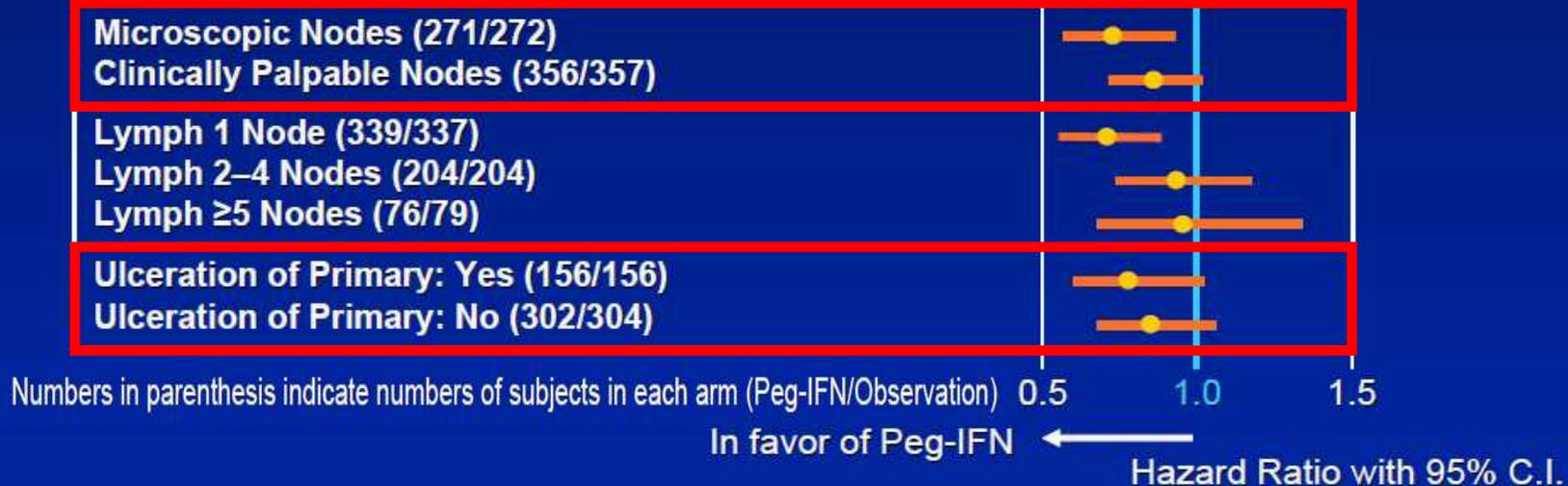
# EORTC 18991: RFS in Stratified Subsets

ITT Population (627/629)



**“The result is internally consistent across relevant subgroups defined by baseline demographics and prognostic variables”**

Herndon et al. Oncologist 2012;17:1323



*Unpublished data presented to FDA ODAC, October 5, 2009*

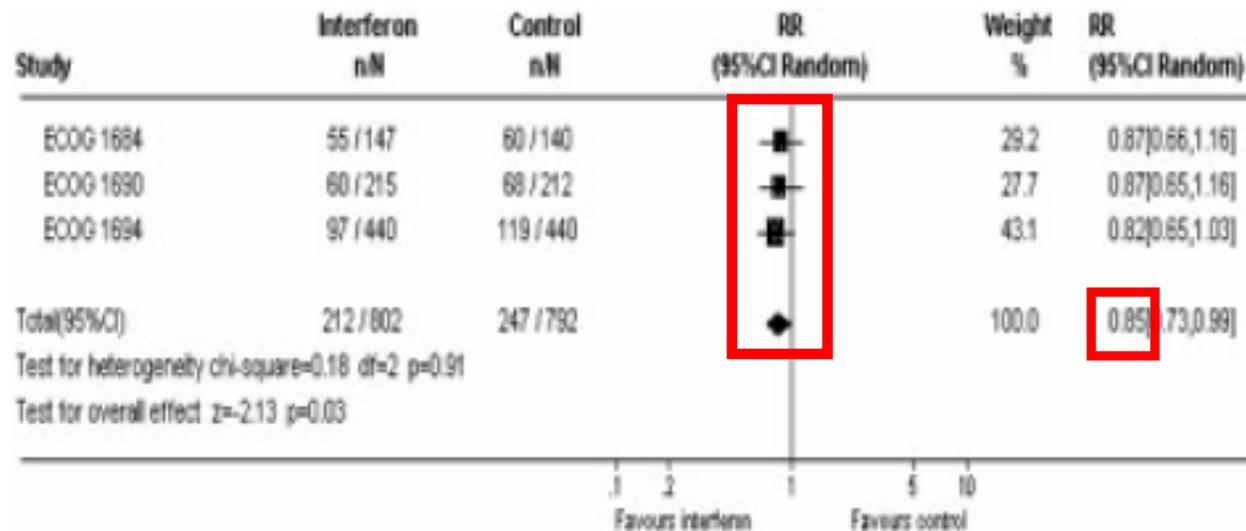
# The “Adjuvant Therapy Bridge”



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# Meta-analysis of high-dose interferon impact on survival at 2 years



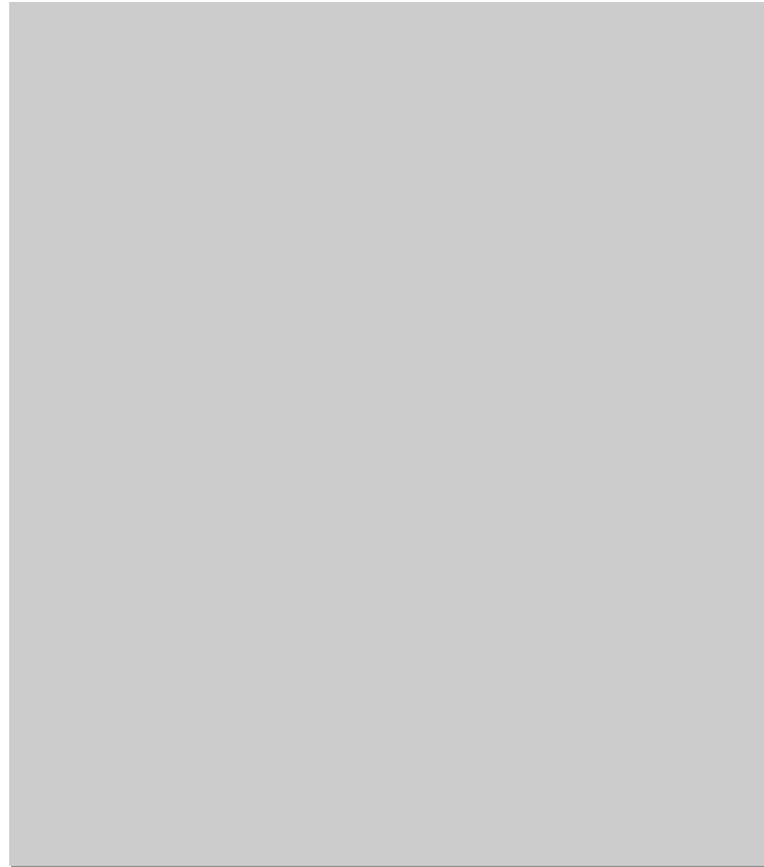
**High dose interferon for one year significantly improved survival at two years**

(15% increase,  $p=0.03$ )

**Verma et al Cancer 2006;106:1431**

# **Interferon management recommendations**

## **Society for Immunotherapy of Cancer consensus statement on tumour immunotherapy for cutaneous melanoma**



**Kaufman et al, Nat Rev Clin Oncol 2013;10:588**

# How much does interferon help?

Interferon alpha compared with treatment other than interferon (including observation) for the adjuvant treatment of melanoma

Patient o  
Settings:  
Intervent  
Compari:

Outcome

First recu

Death

Until better selection methods or more effective therapies are available, the findings of the present meta-analysis lend support to the use of interferon in the routine clinical setting to provide patients with the best chance of survival. Moreover, we must remember that other well-established adjuvant treatments, such as those routinely administered to people with breast, colorectal, and ovarian carcinomas, are associated with risk reductions very similar to those found in this meta-analysis for those with high-risk melanoma treated with interferon (Ascierto 2008). Therefore, the need for better therapeutic strategies is an urgent issue for virtually all tumour types.

evidence

Mocellin et al, Cochrane Database of Systemic Reviews 2013;DOI10.1002/14651858

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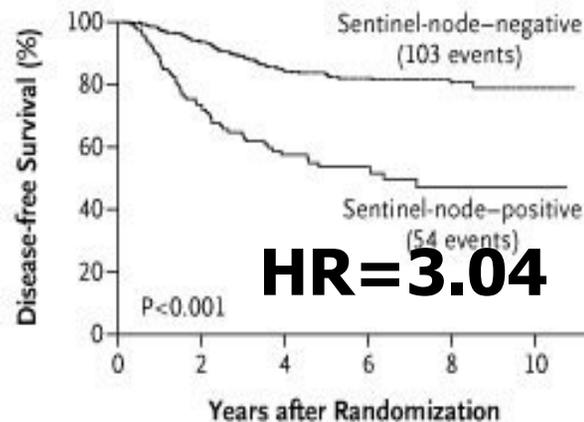


# What are the most critical components?

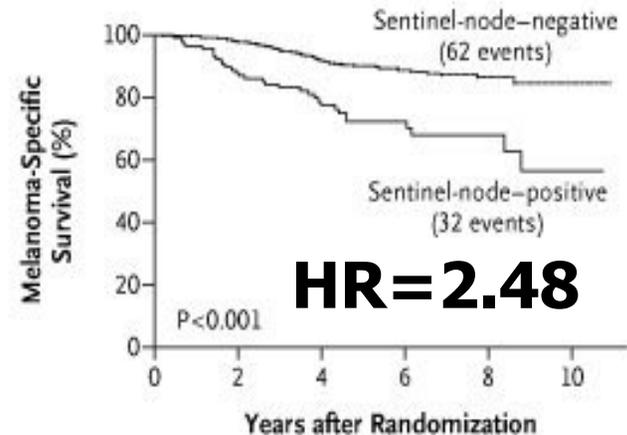
- **Peak plasma level?**
  - **IV for one month not enough by itself, even for lower risk patients**
- **Exposure?**
  - **Pegylated interferon may be most useful in sentinel node positive patients with ulcerated primaries, but this observation needs to be directly validated**
- **Duration of therapy?**
  - **No trial has yet proven an advantage for continuing interferon therapy beyond one year**

## ADJUVANT THERAPY OF MELANOMA

# Let's Not Forget The "Low Risk" Groups



No. at Risk	0	2	4	6	8	10
Sentinel-node-negative subgroup	642	566	406	204	87	6
Sentinel-node-positive subgroup	122	85	50	31	12	2



No. at Risk	0	2	4	6	8	10
Sentinel-node-negative subgroup	642	591	439	216	91	6
Sentinel-node-positive subgroup	122	100	65	38	15	2

Morton D et al. N Engl J Med 2006;355:1307-1317

**Sentinel node negative patients outnumber sentinel node positive patients by about 5 to 1**



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## THERAPY FOR METASTATIC MELANOMA

# Where will we be three years from now?

- Multiple new inhibitors will be available, and likely used in combination for BRAF mutant metastatic melanoma
- New approaches for NRAS mutant metastatic melanoma may be available
- Optimum dose/schedule of ipilimumab will be defined, toxicity management may be improved, new immunomodulatory antibodies with more activity and fewer side effects may be available
- **Shouldn't our stage III patients today have the best possible chance to get these drugs?**

## What Do We Need Most?

- **We still need better prognostic markers to identify patients at risk of relapse, especially in the sentinel node negative population**
- **As more potential adjuvant therapy options become available, predictors of efficacy or resistance will become increasingly important**
- **We also need improved understanding of adjuvant therapy's efficacy in molecularly defined subsets**

